

# BLUEPRINT

## FOR THE CHRISTIAN LIFE



God Is Real • The Bible Is True • Jesus Is Alive

- 1 Blessed: Makarios—joyful, happy, fortunate, enviable, to be congratulated  
 Meekness: Praus—gentle, mild, especially and initially in relation to God, then to men.  
 Inherit: kleronomeo—receive assigned portion, to partake of or to obtain.  
 Earth: ge—land, ground.

Use these definitions to rewrite Matthew 5:5 in your own words.

What does the world associate with meekness?

- 2 How is meekness exemplified in these scriptures?

Genesis 13:1-12  
 Genesis 45:1-8  
 Hebrews 10:32-39  
 Proverbs 15:1  
 John 13:1-12

- 3 What does the Bible say about the meek and gentle?

Proverbs 16:32  
 Zechariah 9:9  
 Matthew 11:28-30  
 Matthew 21:5  
 Ephesians 4:2  
 I Timothy 3:2-10  
 I Peter 3:3-4 & 15  
 Galatians 5:22-23  
 Titus 3:1-2

- 4 Where do you see the attitude of meekness elsewhere in the Sermon on the Mount?

Matthew 5-7

- 5 In what areas of life do you struggle with meekness? What steps can you take to invite meekness into your character?

### **Building by the Blueprint**

Spend time in prayer meditating on meekness. Journal how you would respond meekly in those troublesome areas of your life and consider what might be inherited as a result.

